

ATTENTION PLEASE

Please do the following to help reduce the possible spread of illness:

- **Report illnesses to shelter staff**

Wash your hands with soap and water, especially



Before cooking and/or eating foods



After going to the bathroom



After changing a diaper or cleaning up a child who has gone to the bathroom



Before and after tending to someone who is sick



Before and after treating a cut or wound



After blowing your nose, coughing, or sneezing



After handling an animal or animal waste



After handling garbage

<http://www.cdc.gov/disasters/commshelters.html>

- **Only use hand sanitizer if soap and water are not available.**
- **Be sure to drink plenty of water to avoid dehydration, especially among the very young, old, and those with weakened immune systems.**

